

PRINTABLE PACKING LIST

The Essentials

- Passport and/or other ID
- Cash
- ATM and credit cards
- Important documents or paperwork

Clothing

It's easy to overpack; look for double-duty items and keep it to a minimum.

- Shirts
- Shorts/pants/skirts
- Formalwear, like dress or blazer
- Underwear & bras
- Socks
- Bathing suit
- Outerwear (rain jacket and/or warm coat)

Footwear & Accessories

- Athletic shoes
- Dress shoes
- Sandals / beach shoes
- Belt
- Hats / gloves / outerwear
- Accessories like ties or jewelry
- Hair ties / clips
- Glasses / contacts
- Sunglasses

Personal Care

- Shampoo / conditioner
- Soap / shower gel
- Toothbrush
- Toothpaste
- Hairbrush or comb
- Styling products
- Makeup and remover
- Deodorant
- Razor and shaving cream
- Sunscreen
- Q-tips / cotton balls

First Aid

- Prescriptions
- Ibuprofen or other basic pain meds
- Decongestants
- Antidiarrheals
- Bandages
- Aloe, creams, or salves
- Any items you reach for at home

Travel Comfort

- Eyeshade
- Ear plugs
- Compression Socks
- Lip balm
- Moisturizer
- Snacks
- Water bottle or travel mug
- Ginger and/or motion sickness meds
- Books, magazines, or other entertainment

Electronics

- Laptop or tablet (with charger)
- Phone and charger
- Camera and charger
- External spare battery
- International plug adapter
- Surge protector and multi-plug outlet
- Headphones

Miscellaneous and Optional Items

- Day bag
- Binoculars
- Flashlight
- Snorkeling Gear
- Camping or outdoor equipment
- Laundry care
- Journal and pen
- Quick-dry towel
- Drybags and/or other storage
- Travel blanket and pillow

Get context, tips, and gear recommendations at

<http://thegirlandglobe.com/packing-list/>